



Preparedness New Year's Resolutions

Traditionally this time of year, we often make commitments to ourselves, or resolutions, which we try to keep for as long as we can into the upcoming New Year. This year, make a resolution that is easy to keep, and important too. Make your resolution to be prepared for disasters or emergencies a priority. Knowing that you and your family are ready for a disaster will give you peace of mind. While many of us may fail to complete all of these resolutions, many of us can make some progress – which is better than nothing, right?

Here are a few suggestions to consider while making your own preparedness resolutions this year...



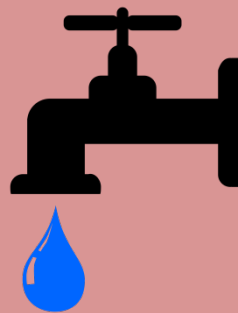
Knowing how to keep food safe during a disaster.

<http://www.utah.gov/beready/family/food.htm>



Making a family plan and letting others know where you will evacuate to, if it comes to that.

<http://www.utah.gov/beready/family/make-a-plan.html>



Learning how to store and rotate water in storage.

<http://www.utah.gov/beready/family/water.html>



Working for Healthy Communities

